

La Cima Connect

Lifestyle Newsletter of La Cima

January 2025



2024 Wrapped: From Polar Plunges to Holiday Magic

As the year comes to a close, we can't help but reflect on 2024 with gratitude and joy. It's been a year filled with connection, laughter, and growth for our La Cima community. Here's a look back at some of the incredible moments we shared together.

We dove into the new year with a *Polar Plunge* that left us refreshed and energized, followed by warm hot chocolate and kolaches. The *New Year Fitness Challenge* inspired us to push our limits, and we embraced the season of love with a heartwarming *Valentine's Party* and a festive *Mardi Gras celebration*, complete with a king cake. The excitement continued with a *community scavenger hunt* that showcased the best of San Marcos and ended with smiles all around during our *Easter Egg Hunt* at Ladybug Park.

Spring brought the launch of our *Farmer's Market*, which has become a vibrant and cherished part of our community. We hosted an unforgettable *Spring Fling*—even a little drizzle couldn't dampen the joy of the petting zoo! *The Kentucky Derby* gave us a chance to cheer and celebrate, and we honored the amazing mothers and fathers of La Cima with *Mother's Day Mimosas* and a delicious *Father's Day Burger Bar* from Cody's. Summer kicked off with *Sundae Fundays* to cool us down and a magical *mermaid-themed movie night* at the pool that left everyone in awe.

Summer rolled on with a thrilling *movie night in the pool* watching *Jaws*—even a little rain couldn't stop us. We learned about exciting neighborhood updates at the *annual meeting*, where we also got a sneak peek at the upcoming playground project.

And let's not forget the lively *two-step dancing night* that had us all boot-scootin' with big smiles. As routines settled with the end of summer, we kept the energy alive with another round of line dancing led by our favorite instructor, Rachel, and continued to enjoy the ever-growing *Farmer's Market*.

Fall and winter are always magical, and this year was no exception. We kicked off with a fantastic *National Night Out*, followed by our inaugural *Halloween Howl*—an instant favorite that's sure to become an annual tradition. November brought a new spin on Thanksgiving with *Friendsgiving* and the unforgettable mashed potato martini bar (yes, it's coming back!).

Finally, December closed out the year with holiday cheer at our *Mingle and Jingle event*, featuring Santa, a hot chocolate bar, and activities for all ages. *The Holiday Bazaar*, hosted by the Farmer's Market, wrapped up the year in festive style and left us already dreaming of what's to come in 2025.

If there's one thing I've learned this year, it's that our community is truly remarkable. From the creative ideas you bring to the ways we come together to celebrate, every moment has been a joy to experience.

For those who may not know me, my name is Autumn, and I have the privilege of serving as your Lifestyle Coordinator for two and a half years. I'm excited to continue this journey with you in 2025 as we raise the bar and create even more unforgettable moments together. Here's to a bright and beautiful new year!

Autumn S.

What's Coming Up?

Calling all book lovers!

Join us for our first Book Swap of 2025, happening on **Saturday, January 11th, from 10:00 AM to 12:00 PM** in the La Cima Great Room.

This is a great opportunity to:

- ✓ Find your next great read – Browse through a variety of books and take home something new.
- ✓ Give your books a new home – Drop off books you've already enjoyed so others can experience them.

Whether you're looking to add to your collection or pass along your favorites, the Book Swap is the perfect chance to connect with fellow readers in the community.

No registration is required—just stop by, share, and discover! We can't wait to see you there.



2025 Vision Board

Cocoa and Creativity: Visionary PJ Party

Calling all dreamers and planners! Join us for a cozy afternoon of creativity, connection, and cocoa as we kick off the new year with our Visionary PJ Party!

 **17** When: Saturday, January 11th

 Time: 1:30 PM – 3:30 PM

 Where: La Cima Great Room

✦ What to Expect:

- *Vision Boards*: Create a visual plan for your 2025 goals and dreams!
- *Hot Chocolate Bar*: Enjoy delicious cocoa while you craft.
- *Dress Code*: Come comfy in your favorite PJs!

Supplies will be provided, but feel free to bring any personal items to customize your board.

Let's dream big and make it a year to remember—see you there!

FOOD TRUCKS



RIVS AND BUB BBQ

THURSDAY, JAN. 9TH

4:30 PM - 7:30 PM



LITIA'S CUISINE

FRIDAY, JAN. 24TH

5:00 PM - 8:00 PM

OH, MY PIZZA PIE

FRIDAY, JAN. 31ST

5:00 PM - 8:00 PM



FITNESS SCHEDULE

BARRE WITH TRACIE MONDAY | 5:00 PM

JANUARY 6TH

JANUARY 13TH

JANUARY 20TH

JANUARY 27TH

Class Description:

Step into the spotlight with this barre class inspired by the flair of iconic dance styles! Combining ballet-based moves with energetic choreography, this class offers a full-body workout that tones, strengthens, and brings out your inner star. Perfect for all fitness levels!

Please see sign up on townsq!

HUSTLE AND MOVE WEDNESDAY | 5:00 PM

JANUARY 8TH

JANUARY 15TH

JANUARY 22ND

JANUARY 29TH

Class Description:

Start your evening with an energizing walk along the trails, followed by a dynamic workout session that has something for everyone! This class features a mix of cardio, strength training for buns, guns, and abs, and finishes with stretch, flex, and meditation to leave you feeling balanced and refreshed. Perfect for all fitness levels!

If you are interested in joining a class, please text Kerri at 903-820-8326.

HIIT WITH KERRI MONDAY | 8:00 AM

JANUARY 6TH

JANUARY 13TH

JANUARY 20TH

JANUARY 27TH

HIIT WITH KERRI TUESDAYS | 5:30 PM

JANUARY 7TH

JANUARY 14TH

JANUARY 21ST

JANUARY 28TH

STRENGTH WITH KERRI THURSDAYS 8AM & 5:30PM

JANUARY 9TH

JANUARY 16TH

JANUARY 23RD

JANUARY 30TH

LEG DAY | SATURDAY | 9:00 AM

JANUARY 18TH

LA CIMA

Sundays • 9:00am - 2:00pm

FARMER'S

MARKET



Ali's Magical Creations • Anita's Pie Empire • AJ's Imports • Beached Souls Tarot
Better 2gether Homestead • Big Daddy Jay's Creole Kitchen • Big Thicket Beekeeping
Blended Endeavors • Bluebonnet Kettle • Cece's Hat Bar • Copita Coffee
Creations by Cliff LLC • Divine Delights By Donut • Emmy's Sweet Shack
Get Baked • Growing into Amanda • Happy Dough Microbakery • HeartBakn
Hill Country Singing Bowls • Left Hand Jelly • Lollipop Bakeshop • Mad Man Sauces
Oddball Apothecary • Oh That's Hot! • Purgatory Gardens • Seabum Sister's Tallow
Shuga's Fine Shaved Ice and More • Sirona Farms • SKM Homestead • Southern Comfort Smoke
Southern Comfort Smoke • Sweet Peas Home Bakery • The Shift Nutrition • Twisted D Cookers • Wild Rose Homestead

EXTRA! EXTRA! LA CIMA FITNESS CHALLENGE ANNOUNCED!

Hey Residents!

We're excited to announce the 2025 New Year Challenge on Strava—and it's FREE to join!

If you're ready to kick off 2025 with an active start, this is your chance to track your fitness goals while competing for awesome prizes.

Through the Strava app, residents will log their walks, runs, and hikes over the course of a month, starting January 13th and ending February 12th @ 6 PM.

Challenge Details:

- **Challenge Period:** January 13th – February 12th @ 10 AM
- **Who Can Join:** Residents of all fitness levels!
- **Age Categories:**
 - 18–34 years (Male/Female)
 - 35–54 years (Male/Female)
 - 55+ years (Male/Female)

How to Participate

1. Register

- a. Fill out our registration form here so we can track all participants.

2. Download the Strava App



3. Download the Strava App

- If you participated last year, simply log in to your existing account.
- If you're new, create a free profile—NO payment required.

4. Join the New Group

- This year, we've created a new Strava group: La Cima 2025.
- Search for La Cima 2025 in the app (see the photo for reference) and join!



5. Start Tracking

6. Begin logging your steps on Strava starting January 13th. There's no minimum or limit—just get out and track your activity!

How to Win

The winners will be determined by the highest number of miles tracked during the challenge.

Winners will be announced on February 19th and can claim their prizes from the Amenity Center front desk.

Let's make 2025 our most active year yet—step outside, track your miles, and have fun!

Autumn S.

COMMUNITY CIRCLE

Looking to connect with neighbors and make the most of this month? Check out what our resident clubs have planned!

Start the month off right with our **First Friday Meetup**, a casual evening of conversation and connection. Join us on Friday, January 3rd, from 7:00 PM to 9:00 PM in the La Cima Great Room. Hosted by Diana Boyd, this is a perfect way to unwind and meet fellow residents.

Strengthen your faith and deepen your community connections at the **Ladies Bible Study**. Led by Carolyn Sparks, this uplifting group meets on Tuesdays, starting January 14th, from 10:00 AM to 11:30 AM in the La Cima Great Room. It's a time to reflect, learn, and grow together.

Get ready for some family fun at **Game Night in the Daylight! On Saturday, January 25th, from 3:00 PM to 5:00 PM**, join Kristy Simpson for a lively afternoon of board games in the La Cima Great Room. Bring your favorite games and enjoy a fun-filled time with other families. It's a fantastic way to make memories and meet new friends in the community!

Calling all book lovers! The La Cima **Ladies Book Club** is back for another inspiring discussion. Join fellow readers on **Sunday, January 12th, from 3:00 PM to 5:00 PM** in the La Cima Great Room. This month's meeting, led by Phyllis Cross, will focus on the book *The Alice Network*. Don't miss this opportunity to share your thoughts and discover your next great read!

NEW YEAR'S NOTES WITH AUTUMN

Welcome to 2025, dear residents!
I hope you all had a wonderful holiday season and are as excited as I am to kick off the new year. There's something truly special about the fresh start a new year brings, and I'm beyond excited for what's to come. We've got so much to look forward to in 2025!

Would you believe me if I told you that I'm already planning for March, April, and May? Yes, I'm already hard at work to ensure this year is EPIC. We've got exciting events and plenty of opportunities to connect, have fun, and make memories. Let's dive into 2025 with energy, excitement, and a whole lot of community spirit!