

La Cima Connect

Lifestyle Newsletter of La Cima

February 2025



February Fun: Celebrating Love & Community

Okay, sound off—who survived January? I know I wasn't prepared for the weather (or much else!), but here we are, thriving as ever in La Cima!

Our **Farmer's Markets** have become the talk of the town—and they may even be expanding to a couple of Saturdays a month! Stay tuned for details.

Despite the wild weather, we kicked off the year with **amazing food trucks**, starting with Rivs and Bub BBQ (those ribs—yum!), followed by Litia's Cuisine, and wrapping up January with Oh, My Pizza Pie.

We also launched our **New Year's Fitness Challenge**, and our residents are crushing their goals! We welcomed Tracie, our new trainer, who brings a wealth of experience across multiple fitness styles.

January also saw our first **Book Swap**, led by Glenna, where eager readers and puzzle lovers found new treasures. Plus, our **Cocoa & Creativity** event was a hit! Residents created vision boards for 2025, and we can't wait to see them bring those dreams to life.

Lastly, Carolyn Sparks is back with her **Women's Bible Study** every Tuesday in the Great Room, and she's kicking off Christian Movie Night in February with *Samson*! Check the newsletter for more details.

To round things out, we had **Game Night in the Daylight**, hosted by fellow resident Kristy S. It was amazing to see so many residents gather at the Amenity Center, bringing their favorite games from home to challenge one another!

Now, February is knocking at the door, and we're excited to kick things off with some fun events! Join us for our **Valentine's Party**, where you and your family can make Valentine's cards, decorate cookies, and take photos at our Valentine's booth. Stick around after for some **line dancing** in the Great Room, led by Vanessa, owner of Double or Nothing Two-Step!

And that's not all! We're thrilled to announce the launch of the **La Cima Social Committee**, a brand new initiative to bring neighbors together and create even more fun and engaging community events. This committee will be led by Autumn, the Lifestyle Coordinator, and will play an important role in shaping the social life of La Cima. More details about how to get involved can be found in the newsletter.

That's all for now, folks! We can't wait to celebrate February with you and see what's in store this month!

Autumn S.

S u n d a y s

La Cima Farmer's Market 9:00am 2:00pm

Anita's Pie Empire • Anasyana Crafting • AJ's Imports • Art by AD • Beached Souls • Big Daddy Jay's Creole Kitchen
Big Thicket Beekeeping • Blended Endeavors • Bluebonnet Kettle • Cece's Hat Bar • Copita Coffee • Creations by Cliff LLC
Cutler Connect (Knife sharpening) • Get Baked • Hanging Gardens Hacienda • Happy Dough Microbakery • Hill Country Singing Bowls
Jen's Jalapeno Jelly • K9 Candy • Lazy E Cattle Company, Inc • Left Hand Jelly • Lollipop Bakeshop • Mad Man Sauces
Oddball Apothecary • Oh That's Hot! • Purgatory Gardens • Rugged Flame Candle • Shuga's Fine Shaved Ice and More
Sirona Farms • SKM Homestead • Southern Comfort Smoke • Sweet Peas Home Bakery • Teresa's Sweet and Sparkles
Twisted D Cookers • Washing Bear • Wild Rose Homestead

My Sweet Valentine Party

Celebrate love and creativity at our Valentine's Day party! Activities include:

- ♥ Making your own Valentine's cards
- ♥ Decorating delicious cookies
- ♥ Enjoying a variety of sweet treats

Bring your family and friends for an afternoon of fun and festive activities. All ages are welcome!

Date: Saturday, February 8th

Time: 12:00 PM – 2:00 PM

Location: La Cima Great Room

RSVP: Not required – just bring your creativity and a smile!

Love on the Line

Love is in the air, and we're ready to dance the night away! Join us for a fun-filled evening of line dancing to celebrate the season of love.

Date: Saturday, February 8th

Time: 6:30 PM

RSVP: On TownSq. Events!

Whether you're a seasoned dancer or just starting out, get ready for a high energy experience! Put on your dancing boots and your favorite red or pink attire to get into the Valentine spirit!

We'll be joined by the amazing **Vanessa** to lead us through the steps. Don't miss out on this chance to celebrate love and have a blast on the dance floor!

Join Us For a Special Evening of Fellowship!

Experience the world-famous **Samson** film production by Sight and Sound at the La Cima Amenity Center on **Thursday, February 20th**, from **6:30 PM to 9:00 PM**. All families and residents are welcome! Bring your favorite snacks and beverages, and remember to clean up afterward. Pajamas and sleeping bags for the little ones are encouraged!

For more details, contact Carolyn Sparks at cardonsparks@gmail.com.



LITIA'S CUISINE

Thursday, February 13th
5:00pm - 8:00pm

MIGHTY OAK BBQ

Friday, February 28th
5:00pm - 8:00pm

RIVS & BUB BBQ

Friday, February 7th
4:30pm - 7:30pm

OH, MY PIZZA PIE

Friday, February 21st
5:00pm - 8:00pm

MEET OUR TRAINER

Tracie Hendricks is a versatile fitness expert specializing in boxing, yoga, TRX (*total-body resistance exercise*), and marathon training. She creates innovative fitness retreats and stays ahead of trends to inspire clients, including high-profile professionals and celebrities.

Her diverse background includes Public Relations, styling, and choreography for major productions like *The Flintstones* and performances on *MAD TV*. Certified by AFAA, NASM, and SCHWINN, with CPR training, Tracie combines expertise and creativity to deliver safe, effective training.

Fitness with Tracie: Agility, Focus, & Balance

Join this energizing class blending barre, Pilates, and yoga to boost agility, focus, and balance. Perfect for all levels, it leaves you feeling strong and refreshed.

When: Mondays at 5:30 PM

Where: Lower Pool Area

Cost: \$10 per class (Zelle or cash)

Contact: Tracie Hendricks | traciehendrix461@gmail.com | 917-533-2678

Fitness with Tracie: La Cima CO2

Join this full-body workout featuring a 30-minute walk, 20-minute strength session, and 10-minute yoga cool-down. Perfect for all levels, it's a refreshing way to stay active and balanced.

When: Wednesdays at 5:30 PM

Where: Lower Pool Area

Cost: \$10 per class (Zelle or cash)

Contact: Tracie Hendricks | traciehendrix461@gmail.com | 917-533-2678

If joining class, please message Tracie.

Social Committee

We're forming a La Cima Social Committee, and we want YOU to be a part of it! This committee will help bring neighbors together by planning fun, engaging events that foster community and connection.

If you love organizing events, meeting new people, or simply want to make La Cima an even better place to live, we'd love to have you join us!

How to Get Involved:

Come in person on **February 19th between 2:00 PM and 5:00 PM** to fill out an application. This is your chance to learn more, ask questions, and get involved in shaping our community's social scene.

We look forward to seeing you there and working together to make La Cima even more vibrant! ❤️

COMMUNITY CIRCLE

Looking to connect with neighbors and make the most of this month? Check out what our resident clubs have planned!

Start the month off right with our **First Friday Meetup**, a casual evening of conversation and connection. Join us on **Friday, February 7th**, from 7:00 PM to 9:00 PM in the La Cima Great Room. Hosted by Diana Boyd, this is a perfect way to unwind and meet fellow residents.

Calling all book lovers! The La Cima Ladies Book Club is back for another engaging discussion. Join fellow readers on **Sunday, February 23rd, at 3:00 PM** in the La Cima Great Room. This month's meeting, led by Belle Howell, will focus on the book *All The Colors of the Dark* by Chris Whitaker. Don't miss this chance to dive into a thrilling story and share your thoughts with fellow book enthusiasts!

Strengthen your faith and deepen your community connections at the **Ladies Bible Study**. Led by Carolyn Sparks, this uplifting group meets on **Tuesdays, from 10:00 AM to 11:30 AM** in the La Cima Great Room. It's a time to reflect, learn, and grow together.

SWEET NOTES FROM AUTUMN

Can you believe how fast January flew by? I know I'm not the only one!

February is packed with fun, starting with our Valentine's Party, where you can create a special Valentine for a loved one. Kids can join in too, making heartfelt cards for parents, grandparents, aunts, uncles—whoever comes to mind! And let's not forget Line Dancing—get ready to kick up your heels!

Looking ahead, March brings an epic scavenger hunt, and in April, we have our Spring Community Garage Sale on the 5th & 6th, followed by Spring Fling on the 12th—whoooo! You know I never stop when it comes to planning fun events! Stay tuned for more details, and I can't wait to see you all soon!